

Contact: Afshin Odabae  
afshin@copiousdance.org  
408-204-6213

Available for download:

Press Release text and photo: [www.copiousdance.org](http://www.copiousdance.org)

Videos: [www.copiousdance.org/videos.html](http://www.copiousdance.org/videos.html)

Bios and photos: [www.copiousdance.org/Copious-Dance-Theater---Dancers.html](http://www.copiousdance.org/Copious-Dance-Theater---Dancers.html)

Facebook: Copious Dance Theater:

[www.facebook.com/home.php#!/pages/Copious-Dance-Theater/186941406329](http://www.facebook.com/home.php#!/pages/Copious-Dance-Theater/186941406329)

Theater: [www.zspace.org](http://www.zspace.org)

FOR IMMEDIATE RELEASE

## **Copious Dance Theater Presents World Premiere of Secret's Lament May 13-15 at Z Space, San Francisco**

Secret's Lament is a collaboration between choreographer Kat Worthington and award-winning vocalist and composer Katy Stephan.

San Francisco, CA- (March 2011) Copious Dance Theater announces the world premiere of Secret's Lament, May 13-15, 2011 at Z Space (formerly, Theater Artaud), San Francisco. Choreographed by Artistic Director Kat Worthington, this work features live music by award-winning vocalist and composer Katy Stephan. With a dance style that is powerful and athletic, Copious Dance Theater brings a total of four works to stage including *Portals of Grace* and a new work choreographed by a two-time Lester Horton award winner, Rogelio Lopez called *Little Voices*.

*Secret's Lament* observes dysfunctional relationships and lover's pretentious joyfulness keeping the lament a secret. Developed in collaboration with award-winning singer and composer Katy Stephan, Secret's Lament will touch the hearts of audiences unveiling the dichotomy of human interactions through the story of love miscommunicated and misunderstood.

### **About Kat Worthington**

Katharina (Kat) Worthington, is a native of Switzerland and received her BFA in Dance from California State University Long Beach. She holds a Horton pedagogy certification from the Ailey School in NYC and is a National Academy of Sports Medicine certified personal trainer. She has taught Horton throughout Asia and Europe and worked as an active performer and choreographer in the NYC and Bay Area dance communities. She teaches Horton Technique at Alonzo King Lines Dance Center in San Francisco and Shawl-Anderson Dance Center in Berkeley. San Francisco Bay Guardian dance critic Rita Feliciano noted, "Kat Worthington of Copious Dance Theater challenges the law of gravity."

For Kat, founding Copious Dance Theater is a way of giving back to the Creator and the community what has been copiously given to her: her skill, her education and her joy of dance. She is thankful for all the support she has received in this exciting journey and would like to acknowledge the incredible artistry of the dancers around her, give thanks to her students, and her tireless family and friends.

### **About Katy Stephan**

Vocalist, pianist, and composer Katy Stephan has created original music for several live theater productions in association with Upon These Boards, including Under Milk Wood (Porchlight Theatre), Word For Word's Three Blooms (Magic Theatre), Lysistrata Project (Berkeley Rep), Bury The Dead (Cooper Union, New York City) and The Inkwell Communiques. She won a Bay Area Critic's Circle Award for best actress in a musical in 2005. Katy has recently been a soloist with the Oakland East Bay Symphony, for their concert version of Stephen Sondheim's Follies, and previously for Leonard Bernstein's Mass.

She also appeared as a soloist and chorus member on the Grammy-nominated recording of the Mass with Kent Nagano and the Deutsche Symphonie. Her voice can be heard in several motion picture soundtracks, a TV sitcom theme, and advertisements. During the calendar year 2010, Katy wrote and recorded one new song every week. The results can be heard at [www.every7days.com](http://www.every7days.com).

Katy has performed in Germany, France, Italy, Brazil, Japan, Cyprus, the U.K. and the U.S. with various groups & projects.

### **About Rogelio Lopez**

Rogelio has earned his BA in Theater Arts and Dance from CSU Fresno and his MFA in dance at CSU Long Beach. Rogelio has had the pleasure to work with wonderful choreographers such as, David Dorfman, Bill Young, Joe Goode, Terry O'Connor, and Andrea Woods, among others. Besides dance, Rogelio studied theatrical scenic, lighting, and costume design and enjoys drawing and painting. He has won two Lester Horton awards for best performance in a small ensemble and set design for Girl Falling Toward the Sky, choreographed by Keith Johnson. Rogelio is presently in Keith Johnson Dance Company, and currently a faculty at Cerritos Community College and Loyola Marymount University. Rogelio is also the assistant Technical Director for the Martha B. Knoebel Dance Theater at CSU Long Beach.

### **About Copious Dance Theater**

Copious Dance Theater ([www.copiousdance.org](http://www.copiousdance.org)) was founded in 2009 by San Francisco dancer and choreographer Kat Worthington. This cultural organization draws its mission from its Latin "copiosus", meaning plentiful and abundant, in our thoughts, artistry and creativity. Copious has distinguished itself by dedication to athleticism, European aesthetics and the modern dance technique of Lester Horton and has performed at Cowell Theater, North Bay Dance Festival, Dance Mission Theater and WestWave Dance Festival.

### **SUMMARY:**

Copious Dance Theater Presents World Premiere of Secret's Lament, May 13-15 at Z Space (450 Florida St., San Francisco, CA 94110). Featured are four works including two world premieres choreographed by Kat Worthington and Rogelio Lopez. Secret's Lament is accompanied with live music by Katy Stephan.

Tickets are \$18.00 and can be purchased through Z Space Box Office, on line at Brown Paper Tickets ([www.brownpapertickets.com/event/158763](http://www.brownpapertickets.com/event/158763)) or visit [www.copiousdance.org](http://www.copiousdance.org).

High-resolution images by Hemali Acharya Zaveri for download:  
<http://www.copiousdance.org/Press.html>

Company website:

www.copiousdance.org  
Public Relations Contact: Afshin Odabae  
afshin@copiousdance.org or 408-204-6213

**CALENDAR EDITORS, PLEASE NOTE:**

**Copious Dance Theater presents:**

Secret's Lament (World Premiere)

Concept, direction and choreography by Kat Worthington

Featuring live music of Katy Stephan

Featuring guest choreographer Rogelio Lopez

Lighting design by Stephanie Buchner

Costume design by Tasa Gleason

**VENUE:**

Z Space

450 Florida St.

San Francisco, CA 94110

**DATES:**

Friday, May 13, 8:00 pm

Saturday, May 14, 8:00 pm

Sunday, May 15, 5:00 pm

**TICKETS:**

\$18.00 - \$22.00

---

End.